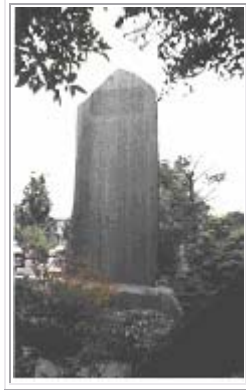


Usui Reiki Hikkei

The following story of Dr. Usui appears on his Memorial Stone.

Translation of Usui Memorial



Translation of the Usui Memorial at Saihoji Temple, Tokyo Japan

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-- Please feel free to share this document with others – as is, with no changes --

Since a friend in Japan sent us pictures of the Usui memorial in the spring of 1996, we had been wanting to put this web page up. Many other projects got in the way, and we didn't get a good close-up of the monument until our friend Shiya Fleming brought back some good photos in July 1997. Emiko and I spent several days going through the old dictionaries she had, and I was very happy at the end to compensate her with Reiki Mastership training for her part in the process. Finally, I felt we had completed enough to present this to others.

This is a fairly literal translation of the Usui memorial, as we wanted you, the reader, to get as close a rendition to plain English as possible, without any paraphrasing. This allows you to decide how you would rephrase sentences and paragraphs.

All comments in (brackets) are either our translations of previous kanji (in quotations), or our explanation of previous words. Please note: there are no periods or paragraphs on the original, so we have added these in to make it easier to read. Also, as in all translations, we had several choices of words for each kanji, and tried to pick what we felt best, depending on the content. Our thanks to Melissa Riggall and Miyuki Arasawa for their corrections offered, and to later translations shared with me.

Although this location does contain the remains of Usui Sensei's wife – Sadako; son – Fuji; and daughter – Toshiko, it only has a part of Sensei's remains. The Saihoji site was set up 11 months after Sensei's death and is not his original resting place. In fact, Sensei's living students (there are several) say he was a Tendai Buddhist all his life, while the Saihoji temple is a Jodo Shyu (Pure Land) Buddhist temple. There is a small private shrine elsewhere in Tokyo - donated by an Usui doka (student) - that holds the original remains, as well as the original Usui Concepts or Affirmations (Precepts) on a wall hanging, and the original large photo portrait of Sensei taken by Dr. Hayashi (who was an amateur photographer).

Please share this information with all, but we ask you to leave this introduction portion and copyright with it. For pictures and location of the memorial, please visit my Saihoji Temple pages.

(I would like to express my gratitude to all those who have offered changes and corrections to the translation)

Translation



"Reihou Chouso Usui Sensei Kudoko No Hi" Memorial of Reiki Founder Usui Sensei's Benevolence

(The kanji at the top of the memorial reads, from right to left: "Reihou" - spiritual method, Reiki method; "Chouso" - founder; "Usui"; "Sensei" - teacher; "Kudoku" - benevolence, a various (pious) deed; "no Hi" - of memorial, a tombstone, a monument - this is also what the first line in the main text says).

It is called 'toku' that people experience by culture and training, and 'koh' that people practice teaching and the way to save people. ('koh' + 'toku' = 'kudoku'; Kou = distinguished service, honor, credit, achievement; Toku = a virtue, morality)

Only the person who has high virtue and does good deeds can be called a great founder and leader. From ancient times, among wisemen, philosophers, geniuses and (a phrases that means - very straight and having the right kind of integrity), the founders of a new teaching or new religion are like that. We could say that Usui Sensei was one of them.

Usui "Sensei" (literally "he who comes before", thus teacher, or respected person) newly started the method that would change mind and body for better by using universal power. People hearing of his reputation and wanting to learn the method, or who wanted to have the therapy, gathered around from all over. It was truly prosperous.

(by "therapy" is meant the Usui Ryoho - Usui ancestral remedy - of his Usui-Do teachings, including the 5 principles.)

Sensei's common name is Mikao and other name was Gyoho (perhaps his spiritual name). He was born in the Taniai-mura (village) in the Yamagata district of Gifu prefecture (Taniai is now part of Miyama Village). His ancestor's name is Tsunetane Chiba. (a very famous Samurai who had played an active part as a military commander between the end of Heian Period and the beginning of Kamakura Period (1180-1230) However Hirsohi Doi revealed at URR1 2000 that Tsunetane was a son of Tsuneshige, who was 1st son of Tsunekane, and that Usui Sensei is descended from Tsuneyasu, the 3rd son of Tsunekane.) His father's name was Uzaemon (this was his popular name; his given name was

Taneuji). His mother's maiden name was Kawai.

Sensei was born in the first year of the Keio period, called Keio Gunnen (1865), on August 15th. From what is known, he was a talented and hard working student. His ability was far superior. After he grew up, he traveled to Europe, America and China to study (*yes, it actually says that!*). He wanted to be a success in life, but couldn't achieve it; often he was unlucky and in need. But he didn't give up and he disciplined himself to study more and more.

One day he went to Kuramayama to start an asceticism. (*it says "shyu gyo" - a very strict process of spiritual training using meditation and fasting.*) On the beginning of the 21st day, suddenly he felt one large Reiki over his head and he comprehended the truth. At that moment he got Reiki "Ryoho" (*This term originally meant ancestral remedy or therapy.*)

When he first tried this on himself, then tried this on his family, good results manifested instantly. Sensei said that it is much better to share this pleasure with the public at large than to keep this knowledge to our family. (*it was customary to keep such knowledge in the family to increase their power*) In April of the 11th year of the Taisho period (1922) he moved his residence to Harajuku, Aoyama, Tokyo. (*this is next to the Meiji Outer Gardens and the huge Aoyama Cemetery.*) There he founded "Gakkai." (*a learning society*) He taught Reiki Ryoho. (*According to his student Tenon-in, who in 2003 is 106, Sensei was teaching his spiritual method simply called "his method," referred to by his students as "Usui-Do." It was based upon the concepts he wrote called Usui Reiki Ryoho.*) People came from far and near and asked for the guidance and therapy, and many shoes lined up outside of the building. (*In Japan you take your shoes off at the door.*)

In September of the twelfth year of the Taisho period (1923), there were many injured and sick people all over Tokyo because of the Kanto earthquake and fire. Sensei felt deep anxiety. Everyday he went around in the city to treat them. We could not count how many people were treated and saved by him. During this emergency situation, his relief activity was that of reaching out his hands of love to suffering people. His relief activity was generally like that. (*Mr. Hiroshi Doi was told that Sensei would actually lay on the ground and give Reiki from his hands and feet to at least 4 people at time.*)

After that, his learning place became too small. In February of the 14th year of the Taisho period (1925), he built and moved to a new one (*a dojo or training hall*) outside Tokyo in Nakano. (*Nakano is now part of Tokyo.*) Because his fame had risen still more, he was invited to many places in Japan, often. In answering those requests, he went to Kure, then to Hiroshima, to Saga and reached Fukuyama. (*Fukuyama was also the location of Sensei's creditors - his final trip was mainly to meet with them*) It was during his stay in Fukuyama that he unexpectedly got sick and died. He was 62 years old. (*In Western terms, Sensei was 60 - born August 15, 1865; died March 9, 1926 as per his grave marker; however, in old Japan, you are "1" when born and turn another year older at the start of the new year.*)

His wife was from Suzuki family; her name was Sadako. They had a son and a daughter. The son's name was Fuji who carried on the Usui family (*meaning the property, business, family name, etc. Born in 1908 or 1909, at the time of his father's death Fuji was 19 in Japanese years. We learned that Fuji may have taught Reiki in Taniai village. According to the Usui family grave stone, the daughter's name was Toshiko, and she died in September 23, 1935 at the age of 22 in Japanese years. Sensei also taught his wife's niece who was a Tendai Buddhist Nun. As of this writing (2003) she is still alive - approximately 108*)

Sensei was very mild, gentle and humble by nature. He was physically big and strong yet he kept smiling all the time. However, when something happened, he prepared towards a solution with firmness and patience. He had many talents. He liked to read, and his knowledge was very deep of history, biographies, medicine, theological books like Buddhism Kyoten (*Buddhist bible*) and

bibles (*scriptures*), psychology, jinsen no jitsu (*god hermit technique*), the science of direction, ju jitsu (*he also learned Judo from Jigoro Kano, according to Tenon-in*), incantations (*the "spiritual way of removing sickness and evil from the body"*), the science of divination, physiognomy (*face reading*) and the I Ching. I think that Sensei's training in these, and the culture which was based on this knowledge and experience, led to the key to perceiving Reiho. (*short for "Reiki Ryoho"*) Everybody would agree with me. (*The origins of the Usui-Do system are now known to be from Taoism and Shinto brought to Japan from China, probably around the 5th century.*)

Looking back, the main purpose of Reiho was not only to heal diseases, but also to have right mind and healthy body so that people would enjoy and experience happiness in life. Therefore when it comes to teaching, first let the student understand well the Meiji Emperor's admonitory, then in the morning and in the evening let them chant and have in mind the five precepts which are:

First we say, today don't get angry.

Secondly we say, don't worry.

Third we say, be thankful.

Fourth we say, endeavor your work.

Fifth we say, be kind to people.

(*My friend Emiko Arai was very firm about the above wording.*)

This is truly a very important admonitory. This is the same way wisemen and saints disciplined themselves since ancient times. Sensei named these the "secret methods of inviting happiness", "the spiritual medicine of many diseases" to clarify his purpose to teach. Moreover, his intention was that a teaching method should be as simple as possible and not difficult to understand. Every morning and every evening, sit still in silence with your hands in prayer (*gassho*) and chant the affirmations, then a pure and healthy mind would be nurtured. It was the true meaning of this to practice this in daily life, using it. (*i.e. put it into practical use*) This is the reason why Reiho became so popular. (*see the my document on the Usui Precepts for more on this.*)

Recently the world condition has been in transition. There is not little change in people's thought. (*i.e. it's changing a lot*) Fortunately, if Reiho can be spread throughout the world, it must not be a little help (*i.e. it's a big help*) for people who have a confused mind or who do not have morality. Surely Reiho is not only for healing chronic diseases and bad habits.

The number of the students of Sensei's teaching reaches over 2,000 people already. (*This number may also include the students' students*) Among them senior students who remained in Tokyo are carrying on Sensei's learning place and the others in different provinces also are trying to spread Reiki as much as possible. (*Dr. Hayashi took title to the dojo in November, 1926 and together with Admiral Taketomi and Admiral Ushida, re-located it to his clinic in Shinano Machi in 1926, and ran it as a hospice.*) Although Sensei died, Reiho has to be spread and to be known by many people in the long future. Aha! What a great thing that Sensei has done to have shared this Reiho, which he perceived himself, to the people unsparingly.

Now many students converged at this time and decided to build this memorial at Saihoji Temple in the Toyotama district (*local boundaries have changed and the Saihoji temple has been in Nakano district (1986) and is now in Suginami district*) to make clear his benevolence and to spread Reiho to the people in the future. I was asked to write these words. Because I deeply appreciate his work and also I was moved by

those thinking to be honored to be a student of Sensei, I accepted this work instead of refusing to do so. I would sincerely hope that people would not forget looking up to Usui Sensei with respect . *(The location of the burial plot and memorial may have been the work of the Admirals and the URR Gakkai. Usui Sensei was confirmed by his living students Tenon-in and Suzuki-sensei to have been a devout Tendai until his death. Yet the Saihoi temple is a Pure Land sect or Jodo Shu Buddhist temple.)*

Edited by "ju-san-i" (*"subordinate third rank, the Junior Third Court (Rank) -- an honorary title*), Doctor of Literature, Masayuki Okada.

Written (brush strokes) by Navy Rear Admiral, "ju-san-i kun-san-tou ko-yon-kyu" (*"subordinate third rank, the Junior Third Court (Rank), 3rd order of merit, 4th class of service" -- again, an honorary title*) Juzaburo Ushida. *(also pronounced Gyuda)*

Second Year of Showa (1927), February

Principles/Concepts

(of Reiki Ryoho)

(Writer: Andrew Bowling Usui Reiki Master/Teacher)

(<http://www.usuireiki.fsnet.co.uk/>)

(SPECIAL NOTE: These pages are a new translation of the Japanese document and NOT taken from any book.)

(This is a copy of Ms. Koyama's own manual.)

(Those who have seen the Hayasi manual will notice the similarities, also from the notes taken by Takata student.)

(The Guide to Method of Healing was written by Hayashi at Usui's request. It was used by Usui also, but of course he did not live long after meeting Hayashi.)

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口	心	朝	業	心	今	萬	招	改心
に	に	夕	を	配	日	病	福	善身
嚙	念	合	は	す	丈	の	の	白
へ	じ	掌	げ	な	け	靈	秘	井
よ		して	め	感	は	業	法	靈
			人	謝	怒			氣
			に	し	る			療
			親	て	な			法
			切					教
			に					義

The Secret Method to Invite Happiness The Miracle Medicine for All Diseases

For today only, do not be angry.
Do not be anxious, and be grateful
Work hard and be kind to others.

Gassho* and repeat them in your mind
at the beginning and the end of each day.

Usui Reiki Ryoho - Improve your mind and body

Founder

Mikao Usui

* "Gassho" means "hands together". Hold your hands together in prayer position, in front of the chest, at the heart, like "Namaste".

Note by Richard Rivard: *"It was previously thought that the Affirmations were derived from the words of the Meiji Emperor, but on my trip to Japan in November 2000 I learned the following from Hiroshi Doi-sensei in his Reiki Master class."*

"Usui Sensei created (the) Gokai (the 5 principles) getting hints from a book "Kenzon no Gebri" written by Dr. Bizan Suzuki (published in March, 1914.) The book says "Just for today, do not get angry, do not feel fear, be honest, work hard, and be kind to others." (Richard Rivard- <http://www.threshold.ca/reiki/Usui-Gainen.html>)

2. Open to Public Teaching give explanation

By founder: Mikao Usui

From ancient times whenever someone develops a secret method the one would teach this to the people among family, as a legacy for the later generations of the family living. That idea, not to open to the public and keep that sacred method in the family, is really the past century's bad custom.

In modern days we have to live together. That's going to be the basis of happiness, earnestly wanting social progress.

That's why I definitely won't allow to keep this for myself. Our Reiki Ryoho is a creative idea, which no one has developed before and there is nothing like this in this world. Therefore I am going to open this idea to anybody for the peoples benefit and welfare.

And everyone will receive the blessing from God. With this, expect everyone to have soul and oneness.

Our Reiki Ryoho is an original therapy method using the power based on Reiki, which is a universal power in the universe.

With this, first for human beings themselves to be strong and healthy. Then to improve the thoughts, to be mild and healthy, and human life to be pleasant.

Nowadays inside and outside of living we need improvement and restructuring away from illness and suffering, many fellows have worrying mind out of illness and accident.

I dare to openly teach this method.

In autumn

Q. What is Usui Reiki Ryoho?

A. Graciously I have received Meiji Emperor's last injunctions. For achieving my teachings, training and improving physically and spiritually and walking in a right path as a human being, first we have to heal our spirit. Secondly we have to keep our body healthy. If our spirit is healthy and conformed to the truth, body will get healthy naturally. Usui Reiki Ryoho's missions are to lead peaceful and happy life, heal others and improve happiness of others and ourselves.

Q. Is there any similarity to hypnotism, Kiai method, religious method or any other methods?

A. No, there is no similarity to any of those methods. This method is to help body and spirit with intuitive power, which I've received after long and hard training.

Q. Then, is it psychic method of treatment?

A. Yes, you could say that. But you could also say it is physical method of treatment. The reason why is Ki and light are emanated from healer's body, especially from eyes, mouth and hands. So if healer stares or breathes on or strokes with hands at the affected area such as toothache, colic pain, stomachache, neuralgia, bruises, cuts, burns and other swellings with pain will be gone. However a chronic disease is not easy, it's needed some time. But a patient will feel improvement at the first treatment. There is a fact more than a novel how to explain this phenomenon with modern medicine. If you see the fact you would understand. Even people who use sophistry can not ignore the fact.

Q. Do I have to believe in Usui Reiki Ryoho to get better result?

A. No. It's not like a psychological method of treatment or hypnosis or other kind of mental method. There is no need to have a consent or admiration. It doesn't matter if you doubt, reject or deny it. For example, it is effective to children and very ill people who are not aware of any consciousness, such as a doubt, rejection or denying. There may be one out of ten who believes in my method before a treatment. Most of them learn the benefit after first treatment then they believe in the method.

Q. Can any illness be cured by Usui Reiki Ryoho?

A. Any illness such as psychological or an organic disease can be cured by this method.

Q. Does Usui Reiki Ryoho only heal illness?

A. No. Usui Reiki Ryoho does not only heal illness. Mental illness such as agony, weakness, timidity, irresolution, nervousness and other bad habit can be corrected. Then you are able to lead happy life and heal others with mind of God or Buddha. That becomes principle object.

Q. How does Usui Reiki Ryoho work?

A. I've never been given this method by anybody nor studied to get psychic power to heal. I accidentally realized that I have received healing power when I felt the air in mysterious way during fasting. So I have a hard time explaining exactly even I am the founder. Scholars and men of intelligence have been studying this phenomenon but modern science can't solve it. But I believe that day will come naturally.

Q. Does Usui Reiki Ryoho use any medicine and are there any side effects?

A. Never uses medical equipment. Staring at affected area, breathing onto it, stroking with hands, laying on of hands and patting lightly with hands are the way of treatment.

Q. Do I need to have knowledge of medicine?

A. My method is beyond a modern science so you do not need knowledge of medicine. If brain disease occurs, I treat

a head. If it's a stomachache, I treat a stomach. If it's an eye disease, I treat eyes. You don't have to take bitter medicine or stand for hot moxa treatment. It takes short time for a treatment with staring at affected area or breathing onto it or laying on of hands or stroking with hands. These are the reason why my method is very original.

Q. What do famous medical scientists think of this method?

A. The famous medical scientists seem very reasonable. European medical scientists have severe criticism towards medicine.

To return to the subject, Dr. Nagai of Teikoku Medical University says, "we as doctors do diagnose, record and comprehend illnesses but we don't know how to treat them."

Dr. Kondo says, "it is not true that medical science made a great progress. It is the biggest fault in the modern medical science that we don't take notice of psychological affect.

Dr. Kuga says, "it is a fact that psychological therapy and other kind of healing treatment done by healers without doctor's training works better than doctors, depending on type of illnesses or patient's personality or application of treatment. Also the doctors who try to repel and exclude psychological healers without doctor's training are narrow-minded.

From Nihon Iji Shinpo

It is obvious fact that, doctors, medical scientists and pharmacists recognize the affect of my method and become a pupil.

Q. What is the government's reaction?

A. On February 6th, 1922, at the Standing Committee on Budget of House of Representatives, a member of the Diet Dr. Matsushita asked for government's view about the fact that people who do not have doctor's training have been treating many patients with psychological or spiritual method of treatment.

Mr. Ushio, a government delegate says, "a little over 10 years ago people thought hypnosis is a work of long-nosed goblin but nowadays study has been done and it's applied to mentally ill patients. It is very difficult to solve human intellect with just science. Doctors follow the instruction how to treat patients by medical science, but it's not a medical treatment such as electric therapy or just touching with hands to all illnesses." So my Usui Reiki Ryoho does not violate the Medical Practitioners Law or Shin-Kyu (acupuncture and moxa treatment) Management Regulation.

Q. People would think that this kind of healing power is gifted to the selected people, not by training.

A. No, that isn't true. Every existence has healing power. Plants, trees, animals, fish and insects, but especially a human as the lord of creation has remarkable power. Usui Reiki Ryoho is materialized the healing power that human has.

Q. Then, can anybody receive Denju (first teaching) of Usui Reiki Ryoho?

A. Of course, a man, woman, young or old, people with knowledge or without knowledge, anybody who has a common sense can receive the power accurately in a short time and can heal selves and others. I have taught to more than one thousand people but no one is failed. Everyone is able to heal illness with just Shoden. You may think it is inscrutable to get the healing power in a short time but it is reasonable. It's the feature of my method that heals difficult illnesses easily.

Q. If I can heal others, can I heal myself?

A. If you can't heal yourself, how can you heal others.

Q. How can I receive Okuden?

A. Okuden includes Hasureiho, patting with hands method, stroking with hands method, pressing with hands method, telesthetic method and propensity method. I will teach it to people who have learned Shoden and who are good students, good conduct and enthusiasts.

Q. Is there higher level more than Okuden?

A. Yes, there is a level called Shinpiden.

Specific Ailments Can be Treated Hand Positions Below

(Writer: Andrew Bowling Usui Reiki Master/Teacher)

(<http://www.usuireiki.fsnet.co.uk/>)

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PAGE 19-42

2. A Guide To Method of Healing

1. Basic treatment of body parts

***Head area** - Forehead (hairline), general area, temples (temple) general area (of the head).

Back of the head area - neck area, crown area, stomach, intestines.

Lowering Fever - Same as above (head area), however, treat the source of the disease itself.

Eye - eye, inner eye corner, outer eye corner, neck area, Cranial vertebrae - C1, 2, 3.

Nose - nose bone, nose flares, between eyebrows, neck area, Cranial vertebrae - C1, 2, 3.

Ear - ear canal, front part and back part of ear, Cranial vertebrae - C1.

Mouth - cover mouth without touching lips.

Tongue - top side of tongue, root of the tongue (most likely from the outside, neck, under the chin).

Throat - thyroid cartilage, neck area.

Lung - lung area, back, inside of shoulder blade, Thoracic vertebrae T2, T3, T4, T5 T6.

Heart - heart area, Cranial neck vertebrae, C5, C6, C7. Thoracic vertebrae, T1, T2, T3, T4, T5.

Liver - Liver area, Thoracic vertebrae T8, T9, T10. (Especially right hand side)

Stomach - stomach area, Thoracic vertebrae T4, T6, T7, T8, T9, T10

Intestine - ascending colon, transverse colon, descending colon area, small intestine area, (navel point area), Thoracic vertebrae T6, T7, T8, T9, T10, Lumber vertebrae, L2, L3, L4, L5, buttocks.

Bladder - bladder area, Lumber vertebrae L4, L5.

Uterus - uterus area and both sides of it, Thoracic vertebrae T9, T10, T11, T12, L1, L2, L3, L4, L5, sacrum,

coccyx.

Kidney - Kidney area, Thoracic vertebrae T11, T12

Half Body Treatment - neck muscles, shoulders, back muscles, both sides of the vertebrae, waist area, hip area.

(This is called 'Hanshin Chiryō' This is done on the back. Rub along the areas indicated above See Techniques pages - Ketsueki Kokan-ho)

Tanden treatment - under the navel, the area 3 finger widths down. (see Techniques)

2. Nerve Disease

Nerve Weakness - head area, eye, heart, stomach, intestines, reproductive organs, affected area, half body.

Hysteria- same as before (above)

Cerebral Anemia - head, stomach and intestine, heart.

Cerebral Hemorrhage- same

Meningitis? Same

Headache - head area * (especially temples)

Insomnia - head area * (especially back of head)

Dizziness - head area * (especially forehead area)

Cerebral Apoplexy (palsy) - head area * (especially affected side) heart, stomach and intestine, kidney, paralyzed area.

Epilepsy - Head area *, stomach and intestines

Dancing Disease (Chorea) - head area *, heart, affected area, palms, sole of feet, half body.

("pseudo"?, symptoms: eyes are bulging out) head area *, eye, thyroid, heart, uterus, half body.

Nerve Pain (Paralysis) - head area *, stomach and intestine (improve bowel movement) affected area

Hiccups - diaphragm, forehead, Cranial vertebrae C3, C4, C5

Laryngitis - forehead and temples, (mainly left hand side), throat area.

Pain in neck, head area, elbow, thumb

Tinnitus - ears, head area

3. Respiratory Diseases

Bronchitis - Bronchi, Trachea, coughing, throat, chest area, affected area

Asthma - Head area, chest area, heart cavity, throat, nose, heart

Tuberculosis - Head area, lung area, stomach and intestines, heart, tanden

Pleurisy - Head area, affected area, stomach and intestines, tanden

Pneumonia - Head area, heart, affected area, tanden????

Hemoptysis - Affected lung area

Nose - Bleed Nose

Ozena - Nose, forehead or depression of chin

4. Digestive System Diseases

Various diseases of esophagus - Esophagus, heart cavity area, stomach, intestines
Stomach diseases: Gastritis, gastric ulcer, stomach cancer, stomach convulsion, dilation of stomach, gastroptosis -Head Area, heart cavity area, stomach and intestines
Inflammation of the intestine, intestine ulcer, diarrhea, constipation, etcetera - Stomach and intestines
Appendicitis - Affected area (mainly right hip bone cavity), head area*, stomach and intestines
Parasite in intestines - Head area*, intestine
Hemorrhoids - Anus
Abdominal edema - Head area*, Belly area
Peritonitis - Head area, affected area, tanden???
Jaundice - Head area, stomach, intestines, liver, heart
Chololithiasis - Liver (where pain is), stomach and intestine
Hernia - Affected area (herniated part), intestine wall

5. Circulatory/Cardiovascular Diseases

Myocarditis - Head area, heart, liver, kidney, bladder
Endocarditis - Heart
Edema - Heart, liver, kidney, bladder
Arteriosclerosis - Head area, heart, kidney, stomach and intestines, tanden
High Blood Pressure - Same as before
Crest Heart Disease?? - Head, heart, stomach and intestine, area of pain
Beri Beri - Heart, stomach and intestines, leg area

6. Metabolic and Blood Diseases

Anemia - Treat source of disease, head*, heart, kidney, stomach and intestine, half body
Purpura - Head area, heart, kidney, stomach and intestine, spots, tanden?
Scurvy - Head area, lung area, heart, kidney, stomach and intestine, half body, tanden?
Diabetes - Head area, heart, liver, pancreas, stomach and intestine, kidney, bladder (half body rub upwards against vertebrae)
Fat ___ (obesity)? - Heart, kidney, stomach and intestines, half body
Arthritis? - Heart, kidney, bladder, stomach and intestine, tanden?, pain area
Heat Stroke - Head area, heart, chest area, stomach and intestine, kidney, tanden?

7. Urinary Diseases

Nephritis - Kidney, heart, bladder, Stomach and Intestines
Pyelitis - Kidney, bladder, tanden
Kidney Stones - Kidney, stomach, intestines, bladder, pain area
Uremia - Head area, eyes, stomach, intestines, heart, kidney, bladder, tanden
Cystitis - Kidney, bladder

Bladder Stones - Kidney, bladder, pain area
Bed Wetting - Head area (crown area) bladder, kidney
Anuria - Kidney, bladder, urethra

8. Surgical and Dermatological Diseases

Wound - Affected area (if excessive bleeding, use technique to stop bleeding)
Fire burn - Ice burn Affected area (treat with a distance until pain goes away)
Sprain, Blow - Affected area
Inflammation in Lymph Glands - Affected area, tanden
Fracture - Affected area (five Reiki over fixed bandage)
Splinter - Affected area
Dislocation - Affected area
Berriostitis, Osteomyelitis, Arthritis, Muscle inflammation - Affected area, tanden
Muscular Rheumatism - head area, pain area, stomach, intestines, (enhance the bowel movements)
Vertebrae, Caries (TB of the spine) - Head area, affected area, tanden
Scoliosis - affected area
Pain in Vertebrae Marrow (lupus?) - Heart cavity diaphragm*, head area, tanden, pain and troubled area
Unconsciousness - Heart, Head area, drowned person - let them throw up water
Various Rashes, Hives - Tanden, affected area
Allergy - Stomach, intestines, tanden, affected area
Baldness - Head area, stomach, intestines, affected area, tanden
Hansen's Disease (Leprosy) - Head area, stomach, intestines, tanden, affected area, bladder
Fungus Poison - Head area, stomach, intestines, tanden, affected area

9. Pediatric Diseases

Colic (night crying) - Head area, stomach, intestines
Measles - Head area, stomach, intestines, heart, rashed area
German Measles - Same as before
Whooping Cough - Head area, stomach, intestines, heart, lung, throat, heart cavity area
Polio - head area, stomach, intestines, vertebrae numbness area
Tonsillitis - Affected area

10. Gynecological Diseases

Various Diseases in the Uterus - Uterus area
Through Pregnancy - Uterus, (If you treat the womb, the fetus grows healthy and delivery is easy)
Time of Delivery - Sacrum area, lower abdomen area
Morning Sickness - Head area, uterus, stomach, Intestines, diaphragm
Various Symptoms On Mother's Breast - Breast
Intrauterine Pregnancy) - Head area, uterus, Pain area

11. Contagious Diseases

Typhoid Fever - Head Area, Heart, stomach, intestines, spleen, tanden, (be careful with attached disease and treat it)

Paratyphus - Same as before

Dysentery - Head area, Heart, stomach, intestines, tanden

Infant Diarrhea - Same as before

Diphtheria - Head area, throat, heart, chest area, stomach, intestines, kidney, tanden, (inject blood serum)??

Cholera - Head area, stomach, intestines, heart, tanden

Scarlet Fever - Head area, mouth, throat, heart, stomach, intestines, kidney, tanden, scarlet colored area

Influenza - Head area, heart, lungs, stomach, intestines, tanden, Half body, pain area

Epidemic Cerebrospinal Meningitis - Head area, neck area, eyes heart, stomach, intestines, kidneys, bladder, spinal cord, (mainly cerebral vertebrae), tanden, hard area, or stiff area.

Malaria - Head area, heart, stomach, intestines, liver, spleen, tanden, you better treat about 1 hour before convulsion

St. Anthony's Fire (Crysipelas) - Head area, heart area, stomach, intestines, tanden, affected area

Tetanus - Head area, heart area, stomach, intestines, tanden, wound area, pain area.