



# The Key to the Meridian Wheel

Outer Rim		24 hour cycle of time
1st Ring		The Meridians - yang (sun) and yin (moon)
2nd Ring		Seven Parts of the Subtle Anatomy
3rd Ring		Yin and Yang of the 12 Tribes of Israel
4th Ring		Hebrew Letter associated with each Tribe
5th Ring		Ecclesiastes 3 : 1 - 8
6th Ring		Yin and Yang of the Sevens of Time with face part association
7th Ring		Sephiroh (Kabbalah) associated with the Sevens
8th Ring		Heavenly Bodies associated with the Sevens
9th Ring		Time, as represented on the face of a clock
10th Ring		Zodiac associated with the 12 Tribes of Israel
11th Ring		Hebrew Names of each Month
12th Ring		Name of the 12 Tribes of Israel in the course of a year
13th Ring		Hebrew Letter associated with each of the 12 Tribes of Israel
14th Ring		Tree Stages of the Year
15th Ring		The Five Elements
16th Ring		The Sevens of Time
17th Ring		The Three Mothers : Aleph, Mem and Shin
18th Ring		The Four Directions